



Le Pain
QUOTIDIEN

Allergen Information - Winter 2022 v1.4

Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

BREAKFAST & BRUNCH	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Baked Ham & Cheese Croissant	✓ wheat							✓	✓		✓			
Le Pain Quotidien Breakfast Mini	✓ wheat							✓	✓		✓			
Le Pain Quotidien Breakfast	✓ wheat, barley, rye							✓	✓		✓			
Pain Perdu	✓ wheat							✓	✓		✓			
Butternut Squash, Caramelised Onion and Goats Cheese Frittata	✓ wheat, barley, rye		✓ walnut					✓	✓					
Spinach Pancake with Lime Butter	✓ wheat							✓	✓					

Guide to symbols

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BRUNCH	This dish contains													
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Farmer	✓ wheat, barley, oat, rye		✓ almond, cashew					✓	✓		✓		✓ (if ordered with peach bellini)	
Angler	✓ wheat, barley, oat, rye		✓ almond, cashew	✓				✓	✓		✓		✓ (if ordered with peach bellini)	
Vegetarian	✓ wheat, barley, oat, rye		✓ almond, cashew					✓	✓		✓		✓ (if ordered with peach bellini)	

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CEREALS, FRESH FRUITS & YOGHURTS		This dish contains												
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Granola Parfait	√ oat		√ almond, cashew					√						
Apple, Pear & Dragon Fruit Pudding			√ almond, walnuts								√			
Porridge	√ Oat		√ almond, walnuts, cashew											

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ORGANIC EGGS	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Soft Boiled Eggs (1 or 2)	✓ wheat, barley, rye							✓	✓					
Scrambled Eggs	✓ wheat, barley, rye							✓	✓					
Scrambled Eggs with Avocado Half	✓ wheat, barley, rye							✓	✓					
Scrambled Eggs with Hepburn's Free Range Ham	✓ wheat, barley, rye							✓	✓					
Scrambled Eggs with Severn & Wye Cold Smoked Salmon	✓ wheat, barley, rye			✓				✓	✓					
Scrambled Eggs with Hepburn's Bacon	✓ wheat, barley, rye							✓	✓					
Shakshuka	✓ wheat,							✓	✓		✓			

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	barley, rye													
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VIENNOISERIES	This dish contains													
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Croissant	✓ wheat							✓	✓		✓			
Vegan Croissant	✓ wheat, barley										✓			
Almond Croissant	✓ wheat		✓ almond					✓	✓		✓			
Pain Au Chocolat	✓ wheat							✓	✓		✓			
Pain Au Raisin	✓ wheat										✓			

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Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Chocolate Torsadée	✓ wheat							✓	✓					
Cinnamon Swirl	✓ wheat		✓ almond								✓			
Bakers Basket - Small	✓ wheat, barley, rye, spelt		✓ hazelnut					✓						
Bakers Basket - Large	✓ wheat, barley, rye, spelt		✓ hazelnut					✓						

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BREAKFAST BAGUETTE		This dish contains												
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Bacon & Egg Baguette	✓ wheat, barley								✓					
Salmon & Egg Baguette	✓ wheat, barley			✓					✓	✓				

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TARTINES	This dish contains													
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Severn & Wye Smoked Salmon	✓ wheat, barley, rye			✓				✓			✓			
Parma Ham & Mozzarella	✓ wheat, barley, rye		✓ Cashews					✓						
Roast Butternut Squash, Chickpea Hummus & Blue Cheese	✓ wheat, barley, rye		✓ walnuts				✓	✓						

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OUR FAVOURITES	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Baker's Daily Lunch (see below for soup and Tartine information)	✓ wheat, barley, rye		✓ cashews, walnuts	✓			✓	✓			✓	✓	✓	
Celeriac and Apple Soup	✓ wheat, barley, rye											✓		
Ribolita Soup	✓ wheat, barley, rye												✓	
Parma Ham & Mozzarella	✓ wheat, barley, rye		✓ cashews					✓						
Severn & Wye Smoked Salmon	✓ wheat, barley, rye			✓				✓			✓			
Roast Butternut Squash, Chickpea Hummus & Blue Cheese	✓ wheat, barley, rye		✓ walnuts				✓	✓						

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Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Wild Mushroom, Spelt & Pearl Barley Risotto	✓ wheat, barley, rye							✓						
Braised Chicken with White Bean & Smoked Ham Hock Cassoulet	✓ wheat, barley, rye							✓			✓	✓	✓	
Broad Bean & Pearl Barley Risotto	✓ wheat, barley							✓	✓					

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TOASTED TARTINES		This dish contains												
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Croque Monsieur	✓ wheat, barley, rye							✓		✓		✓	✓	
Chicken Mozzarella	✓ wheat, barley, rye							✓					✓	
Vegan Avocado Toast	✓ wheat, barley, rye													

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SIDE DISHES	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Poached Egg									✓				✓	
Roast Mushrooms														
Roast Tomatoes														
Emmental								✓						
Half Avocado														
Mixed Green Herb Salad										✓			✓	
Hepburn's Free Range Ham														
Hepburn's Bacon														
Severn & Wye Cold Smoked Salmon				✓										
Smashed Avocado														

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	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Selection of Bread & Spreads (see below for information)														
Classic Wheat - 500g & 1.8kg	✓ wheat, barley, rye													
Seeded Sourdough - 500g	✓ wheat, barley, rye, oat													
Rye Sourdough Oval - 800g	✓ wheat, barley, rye													
White Sourdough Oval - 600g & 800g	✓ wheat													
Walnut (weekend) - 800g	✓ wheat, barley, rye		✓ Walnuts											

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	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Spelt Round - 800g	✓ wheat, barley, rye, spelt													
Fruit (weekend) - 800g	✓ wheat, barley, rye													
White Baguette	✓ wheat, barley													
Gluten Free Bread (Buckwheat)							✓							
Strawberry Jam														
Raspberry Jam														
Apricot Jam														

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	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Orange Jam														
Brunette Spread			√ hazelnut					√						
Speculoos Spread	√ wheat										√			
Noisella Spread			√ hazelnut					√						
Noir Spread														
Heinz Ketchup												√		

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SALADS	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Salmon Nicoise				√					√	√			√	
Veggie & Grain Bowl	√ wheat						√							
Chicken Caesar	√ wheat, barley							√	√				√	
Winter Panzanella	√ wheat, rye, barley		√ walnuts							√			√	

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HOT DISHES	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Celeriac and Apple Soup	✓ wheat, barley, rye											✓		
Ribolita Soup	✓ wheat, barley, rye												✓	
Chicken Provencal	✓ wheat, barley, rye							✓					✓	
Smokey Lentil Stew with Potato and Leek	✓ wheat, barley, rye							✓					✓	
Wild Mushroom and Confit Onion Tart	✓ wheat, barley, rye							✓	✓	✓			✓	
Quiche Lorraine	✓ wheat, barley							✓	✓	✓	✓	✓	✓	

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DESSERTS / RETAIL	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Chocolate Brownie								✓	✓		✓			
Buttermilk Scone (Retail)	✓ wheat							✓	✓					
Buttermilk Scone with Cream & Strawberry Jam	✓ wheat							✓	✓					
Buttermilk Scone with Cream & Raspberry Jam	✓ wheat							✓	✓					
Buttermilk Scone with Cream & Apricot Jam	✓ wheat							✓	✓					
Buttermilk Scone with Cream & Orange Jam	✓ wheat							✓	✓					

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Belgium Waffle	✓ wheat							✓	✓		✓			
Strawberry Cream Tart	✓ wheat		✓ almond					✓	✓					
Lemon Tart	✓ wheat							✓	✓				✓	
Chocolate Ganache Tart	✓ wheat							✓	✓					
Pecan Pie	✓ wheat		✓ pecan					✓	✓					
Strawberry and Rhubarb Tart	✓ wheat		✓ hazelnut					✓	✓					
Bakewell Tart	✓ wheat		✓ almond					✓	✓					

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Carrot Cake	✓ Wheat, Spelt		✓ Almonds								✓			
Red Fruit Cheesecake	✓ wheat							✓	✓					
Banana Bread	✓ wheat		✓ walnut						✓					
Chocolate Oat Cookies											✓			
Cranberry Oat Cookies											✓			
Chocolate Muffin	✓ Wheat													
Blueberry Muffin	✓ wheat													

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RETAIL BREADS	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Classic Wheat - 500g & 1.8kg	✓ wheat, barley, rye													
Seeded Sourdough - 500g	✓ wheat, barley, rye, oat													
Rye Sourdough Oval - 800g	✓ wheat, barley, rye													
White Sourdough Oval - 600g & 800g	✓ wheat													
Walnut (weekend) - 800g	✓ wheat, barley, rye		✓ Walnuts											
Spelt Round - 800g	✓ wheat, barley, rye, spelt													

Guide to symbols

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

RETAIL BREADS	This dish contains													
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Fruit (weekend) - 800g	✓ wheat, barley, rye													
Carrot Rye Unsliced - 700g	✓ wheat, barley, rye													
White Baguette	✓ wheat, barley													
Gluten Free Bread (Buckwheat)							✓							

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

FOCACCIA TOASTIES (Retail)		This dish contains												
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Ham, Cheese & Dijon Mayo	✓ wheat							✓		✓				
Truffle Mushroom	✓ wheat													
Mozzarella	✓ wheat							✓					✓	

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

RETAIL SANDWICHES / RETAIL SAVOURY	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Plum Tomato, Hummus & Vegan Parmesan Baguette	✓ wheat, barley						✓							
Plum Tomato, Hummus & Vegan Parmesan Mini Brioche Roll	✓ wheat		✓ almond				✓				✓			
Mozzarella Torpedo Roll	✓ wheat							✓			✓		✓	
Salmon Baguette	✓ wheat, barley			✓							✓			
Ham & Cheese Baguette	✓ wheat, barley							✓		✓				
Smoked Chicken & Bacon Mini Brioche Roll	✓ wheat							✓	✓	✓				
Smoked Chicken & Bacon Baguette	✓ wheat, barley							✓		✓				
Cold Smoked Salmon & Egg Mini Charcoal Brioche Roll	✓ wheat			✓				✓	✓					
Sausage Roll	✓ wheat								✓				✓	

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

ORGANIC HOT DRINK SYRUPS & HOT CHOCOLATE	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Vanilla														
Caramel														
Hazelnut			√ Hazelnut											
Cinnamon														
Hot Chocolate														

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

ORGANIC COLD DRINKS	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Orange Juice														
Apple Juice														
Green & Goji Juice														
Carrot & Ginger Juice														
Watermelon & Pineapple Juice														
Apple, Raspberry & Banana Smoothie														
Homemade Lemonade														
Ginger Lemonade														
Still Water														
Sparkling Water														

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

ORGANIC COLD DRINKS	This dish contains													
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Peached Iced Tea														
Apple Raspberry & Elderflower Juice														

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

ORGANIC BEERS & CIDERS	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Freedom Lager	√ Barley													
Brunhaut Blonde Beer	√ Barley													
Dolden Null IPA	√ Barley													
Gasping Goose Cider													√	
Normandy Cider - Cinq Autels													√	

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

ORGANIC WINES	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Peach Bellini													✓	
Prosecco Spumante, Giol NV													✓	
Prosecco Spumante, Giol NV (half bottle)													✓	
Bohem Airen, Saugvignon Blanc													✓	
Picpoul de Pinet, Domaine Petit Roubie													✓	
Domaine Bousquet, Chardonnay													✓	
Domaine Bousquet, Chardonnay (half bottle)													✓	
Domaine Rousset Rose Fruite, Hautes Provence													✓	
Bohem Tempranillo, Garnacha													✓	

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

ORGANIC WINES	This dish contains													
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Cotes du Rhone, Maison Plantevin													√	
Domaine Bousquet Malbec													√	
Domaine Bousquet Malbec (half bottle)													√	

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

KIDS MENU - ALL DAY	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Croissant with Noisella	✓ wheat		✓ hazelnut					✓	✓		✓			
Croissant with Jam	✓ wheat							✓	✓		✓			
Croissant with Butter	✓ wheat							✓	✓		✓			
Porridge & Honey	✓ oat													
Organic Scrambled Egg on Toast	✓ wheat, barley, rye							✓	✓					
Organic Boiled Egg on Soldiers	✓ wheat, barley, rye							✓	✓					
Vegan Avocado on Toast	✓ wheat, barley, rye													
Soup of the Day (Celeriac and Apple Soup)	✓ wheat, barley, rye											✓		

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

KIDS MENU - ALL DAY	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Soup of the Day (Ribolita Soup)	✓ wheat, barley, rye												✓	
Croque Enfant	✓ wheat, barley, rye							✓		✓		✓	✓	
Ham & Cheese Croissant	✓ wheat							✓	✓		✓			

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

KIDS MENU - DESSERTS	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Granola Parfait	✓ oat		✓ almond, cashew					✓						
Fresh Fruit Salad														
Chocolate Brownie								✓	✓		✓			
Belgian Waffle	✓ wheat							✓	✓		✓			

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

KIDS MENU - DRINKS	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Organic Apple Juice														
Organic Orange Juice														
Apple, Raspberry & Banana Smoothie														
Babyccino								√						

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

DAILY SPECIALS	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Lamb Tagine	✓ wheat, barley							✓				✓		
Lemon & Garlic Chicken Leg	✓ wheat, barley							✓		✓				
Vegan Meatball in Tomato & Chilli Sauce	✓ wheat, barley										✓			

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

CATERING MENU - Breakfast	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Set Breakfast Menu for 5														
Croissants	✓ wheat							✓	✓		✓			
Pain au Chocolat	✓ wheat							✓	✓		✓			
Butter								✓						
Orange Juice														
Granola Pots	✓ oat		✓ almond, cashew					✓						
Chocolate Spread			✓ hazelnut					✓						
Strawberry Jam														

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

CATERING MENU - Breakfast	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Organic Mini Pastry Board														
Croissants	✓ wheat							✓	✓		✓			
Pain au Chocolat	✓ wheat							✓	✓		✓			
Organic Pastry Board														
Croissants	✓ wheat							✓	✓		✓			
Pain au Chocolat	✓ wheat							✓	✓		✓			
Almond Croissants	✓ wheat		✓ almond					✓	✓		✓			
Cinnamon Brioche	✓ wheat													
Pains au Raisin	✓ wheat										✓			

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Winter 2022 | Version 1.4

CATERING MENU - Breakfast	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Muffin Selection Board														
Chocolate Muffin	✓ wheat													
Blueberry Muffin	✓ wheat													
Breakfast Pots Selection Board														
Granola Parfait	✓ oat		✓ almond, cashew					✓						
Apple, Pear & Dragon Fruit Pudding			✓ almond, walnuts								✓			
Mini Savoury Croissant Board														
Cold Smoked Salmon & Egg Mini Croissant	✓ wheat			✓				✓	✓					
Ham & Cheese Mini Croissant	✓ wheat							✓	✓	✓				
Smashed Avocado & Radish Mini Croissant	✓ wheat							✓	✓					

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

CATERING MENU - Breakfast	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Breakfast Baguette Board														
Smashed Eggs Mayo Baguette	✓ Wheat, Barley								✓	✓				
Salmon & Eggs Baguette	✓ Wheat, Barley			✓					✓	✓				
Eggs & Bacon Baguette	✓ Wheat, Barley								✓			✓		
Fruit Platter														

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

CATERING MENU - Lunch	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Mixed Mini Brioche Board														
Smoked Salmon & Eggs Mini Charcoal Brioche Roll	✓ wheat			✓				✓	✓					
Plum Tomato, Hummus & Vegan Parmesan Mini Brioche Roll	✓ wheat		✓ almond				✓				✓		✓	
Smoked Chicken & Bacon Mini Brioche Roll	✓ wheat							✓	✓	✓				
Plum Tomato Mini Brioche														
Plum Tomato, Hummus & Vegan Parmesan Mini Brioche Roll	✓ wheat		✓ almond				✓				✓		✓	
Smoked Chicken & Bacon Mini Brioche Roll														
Smoked Chicken & Bacon Mini Brioche Roll	✓ wheat							✓	✓	✓				
Smoked Salmon & Eggs Mini Charcoal Brioche Roll														
Smoked Salmon & Eggs Mini Charcoal Brioche Roll	✓ wheat			✓				✓	✓					

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

CATERING MENU - Lunch		This dish contains												
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Salad Board														
Chicken Caesar Salad Board	✓ wheat, barley							✓	✓				✓	
Salmon Nicoise Salad Board	✓ wheat, barley			✓					✓	✓			✓	
Veggie Grain Bowl Board	✓ wheat						✓			✓			✓	
Winter Panzanella Salad Board	✓ wheat, barley, rye		✓ walnut							✓			✓	
Sides for Salad Board														
Chicken														
Mozzarella								✓						
Smoked Salmon				✓										

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

CATERING MENU - Lunch	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Tartine Board														
Severn & Wye Smoked Salmon	✓ wheat, barley, rye			✓				✓			✓			
Parma Ham & Mozzarella	✓ wheat, barley, rye		✓ cashews					✓						
Butternut Squash & Blue Cheese Tartine	✓ wheat, barley, rye		✓ walnuts				✓	✓						
Vegan Avocado Toast	✓ wheat, barley, rye													
Sausage Roll Selection Board														
Sausage Roll	✓ wheat								✓				✓	
Ketchup												✓		

Guide to symbols

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Le Pain Quotidien Allergen Information

Winter 2022 | Version 1.4

CATERING MENU - Lunch		This dish contains												
Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Home Baked Savoury Tarts														
Roast Butternut Squash, Red Onion & Blue Cheese Tart	✓ Wheat							✓	✓					
Wiltshire Ham & Sunblushed Tomato Tarts	✓ Wheat							✓	✓					
Roasted Red Onion & Gruyere Tart	✓ Wheat							✓	✓					
Deluxe Set Menu for 10														
1 x Tartine Board														
Severn & Wye Smoked Salmon	✓ wheat, barley, rye			✓				✓			✓			
Parma Ham & Mozzarella	✓ wheat, barley, rye		✓ cashews					✓						
Butternut Squash & Blue Cheese Tartine	✓ wheat, barley, rye		✓ walnuts				✓	✓						
Vegan Avocado Toast	✓ wheat, barley, rye													

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Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Panzanella Salad														
Winter Panzanella Salad	✓ wheat, barley, rye		✓ walnuts							✓			✓	
Sweet Canopies (40 pcs)														
Sweet Canape Noir & Orange	✓ Wheat							✓	✓					
Sweet Canape Strawberry	✓ Wheat							✓	✓					
Sweet Canape Blueberry	✓ Wheat							✓	✓					
Sweet Canape Banoffee	✓ Wheat							✓	✓		✓			
Sweet Canape Pineapple & Melon	✓ Wheat							✓	✓					

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Dish Name	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Savoury Canape Board														
Avocado Savoury Canape	✓ wheat								✓					
Chicken Savoury Canape	✓ wheat							✓	✓	✓				
Hummus Savoury Canape	✓ wheat						✓		✓					
Salmon Savoury Canape	✓ wheat			✓					✓					

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CATERING MENU - Event	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Charcuterie Board	✓ Wheat, Barley, Rye, Spelt							✓		✓				
Deluxe Charcuterie Board	✓ Wheat, Barley, Rye, Spelt							✓		✓				
Cheese Board	✓ Wheat, Barley, Rye, Spelt							✓						

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CATERING MENU - Desserts	This dish contains													
	Cereals containing Gluten	Peanuts	Nuts	Fish	Crustaceans	Molluscs	Sesame	Milk	Eggs	Mustard	Soya	Celery	Sulphites	Lupin
Mixed Cookie Board														
Chocolate Oat Cookie											✓			
Cranberry Oat Cookie											✓			
Red Fruit Cheesecake	✓ wheat							✓	✓					
Carrot Cake	✓ Wheat, Spelt		✓ Almonds								✓			
Banana Bread	✓ wheat		✓ walnut						✓					

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