

Simplicity Quality Conviviality Authenticity

Breakfast & Brun	ch
EGG,* CHEDDAR & AVOCADO BREAKFAST SANDWICH   610 CAL with tomato-pepper jam, served with a green salad	12.5
· with bacon   +180 CAL	+3
TOASTED HAM & GRUYÈRE CROISSANT   540 CAL served with a trio of mustard and a green salad	12.5
· with an organic egg*   +80 CAL	+3.25
SUNNY-SIDE BREAKFAST BOWL (N)   590 CAL organic sunny-side egg,* avocado, caramelized onion, roasted Brussels sprouts and sweet potato, farro, massaged kale, citrus-cumin salt, pistachio dukkah, served with our artisanal bread	15.5
DUTCH MINI-PANCAKES   560 CAI	12 5

with banana, maple butter, powdered sugar

WARM BELGIAN WAFFLE | 500 CAL

with fresh berries and whipped cream

Fresh Fruits & Jos	gurt
YOGURT GRANOLA PARFAIT (N)   470 CAL organic Greek yogurt, granola, fresh fruit	11.5
FRESH FRUIT SALAD (V)   90 CAL selection of seasonal fruit	7.5
ORGANIC STEEL-CUT OATMEAL (V)	
with fresh berries and milk of choice   180–280 CAL	9
<ul> <li>with honey walnuts, banana, maple syrup, and milk of choice (N)   320-420 CAL</li> </ul>	9
CHIA SEED PUDDING (V) (N)   590 CAL coconut milk, maple syrup, chia seeds, seasonal compote	8.5

11.5

14.5

# Organic Eggs

Served with our artisanal bread | 200 CAL

ROASTED CAULIFLOWER &

CHEDDAR FRITTATA | 420 CAL oven-baked omelette, served with a small green salad

TWO SOFT-BOILED EGGS*   160-890 CAL	10.5
SKILLET-BAKED EGGS* WITH AVOCADO, TOMATO & FETA   390 CAL	13.75
SKILLET-BAKED EGGS* WITH BACON & SCALLIONS   290 CAL	13.75
THREE EGG SCRAMBLE   270 CAL served with a small green salad	12.5
OMELETTES	
served with a small green salad	
Substitute with egg whites   140 CAL	+3.25
AVOCADO & TOMATO OMELETTE   580 CAL with tomato-pepper jam	15
SMOKED SALMON* OMELETTE   580 CAL with Greek yogurt	17.5
HAM & GRUYÈRE OMELETTE   430 CAL	17
MUSHROOM & GOAT CHEESE OMELETTE   400 CAL	16

## Viennoiseries

### CLASSICS

CLASSICS		
CROISSANT   26	0 CAL	4.25
PAIN AU CHOC	OLAT   310 CAL	4.75
PAIN AUX RAIS	INS   320 CAL	4.75
BUTTER BRIOC	HE   350 CAL	4.75
HAZELNUT FLÛ		4.75
SPECIALTY	• • • • • • • • • • • • • • • • • • • •	•••••••
ALMOND CROIS	SSANT (N)   530 CAL	5
CHOCOLATE AL CROISSANT (N)		5.25
CHEESE DANISH	H   300 CAL	4.75
APPLE TURNOV	ER   250 CAL	4.75
CHIA SEED MUF	FIN   450 CAL	4.75
BLUEBERRY MU	FFIN (V)   490 CAL	4.75
QUINOA SPELT	SCONE (N)   500 CAL	. 5
0124-NYAD		

,	
Signature open-faced sandwiches, made on our so	urdough whea
Substitute with superseed bread   230 CAL	+2
avocado TOAST (V)   590 CAL avocado mash, citrus-cumin salt, chia seeds, side of marinated kale • with an organic egg*   +80 CAL • with smoked salmon*   +50 CAL	+3.25 +5.25
CHICKEN & MOZZARELLA MELT   460 CA fresh mozzarella, chicken, tomato-pepper jam, basil oil	L 16
TURKEY, BACON & AVOCADO   590 CAL turkey, bacon, tomato, avocado, arugula, herb aioli	16
SMOKED SALMON*   540 CAL organic butter, scallion, dill, served with a side of herb aioli	17.5
Sandwiches	
Served with a small green salad   90 CAL	
TOMATO & MOZZARELLA   410 CAL with basil oil, tomato, arugula, balsamic vinegar on olive ciabatta	13.5
PROSCIUTTO & MANCHEGO   410 CAL with dried figs and mustard butter on a French roll	15
HAM & GRUYÈRE   430 CAL with mustard and cornichons on a French roll	15
Soup	
Served with our artisanal bread   200 CAL	
CHICKEN SOUP   170-280 CAL	7.25 / 9.25

## ORGANIC LENTIL SOUP (V) | 230-460 CAL 7.25 / 9.25 SOUP OF THE DAY $\mid$ 60–420 CAL Salads & Quiches

with vegetables, farro, spicy harissa

Jajaas & Quiches	_
GRILLED CHICKEN COBB   610 CAL chicken, avocado, bacon, Fourme d'Ambert, cucumber, hard-boiled egg, mixed greens, smoked tea vinaigrette, served with our artisanal bread	18.75
WARM GRAIN BOWL (N)   680 CAL warm farro, massaged kale, roasted sweet potato and Brussels sprouts, goat cheese, pickled cranberries, honey walnuts, served with our artisanal bread	16
· with grilled chicken   +60 CAL	+5
BLACK LENTIL BOWL (V) (N)   480 CAL balsamic beets, hummus, lentils, grape tomatoes, mixed greens, pistachio dukkah, vinaigrette, spicy tahini, served with our artisanal bread	16
<ul> <li>with smoked salmon*   +50 CAL</li> </ul>	+5.25
MEDITERRANEAN CAESAR   570 CAL grilled chicken, Niçoise olives, bell pepper, feta, croutons, romaine, kale, caesar dressing, zhug, served with our artisanal bread	18
QUICHE LORRAINE   540 CAL buttery crust filled with savory custard, ham, Gruyère, leeks, served with a small green salad	15.5
MUSHROOM & GRUYÈRE QUICHE   590 CAL buttery crust filled with savory custard, roasted mushrooms, served with a small green salad	15.5

## Sides

BREAD   110–650 CAL sourdough wheat, sourdough rye, baguette, superseed, or five grain & raisin	5.25
AVOCADO MASH   370 CAL	6.5
HUMMUS   390 CAL	6.5
BACON   150 CAL	6
PROSCIUTTO   110 CAL	6.5
HAM & GRUYÈRE   320 CAL	8.5

## 1

Desserts	
CHOCOLATE CHIP COOKIE   710 CAL	5
DOUBLE CHOCOLATE CHIP COOKIE   250 CAI	L 4
BELGIAN CHOCOLATE BROWNIE   580 CAL	5.25
MINI BROWNIE   170 CAL	3
MINI APRICOT CAKE (N)   140 CAL	3
MINI CARROT CAKE (V)   150 CAL	3
MINI BANANA CHOCOLATE CAKE (N)   160 CA	L 3
COCONUT MACAROON (N) 230 CAL	3
MOUSSE CAKE (N)   470 CAL	7.75
LEMON TART   460 CAL	7.25
MIXED BERRY TART (N) $ $ 430 CAL	8.5
PASSIONFRUIT TART   510 CAL	7.25
APRICOT PISTACHIO TART (N)   380 CAL	7.25
PEAR ALMOND TART (N)   430 CAL	7.25
CANELÉ   180 CAL	3.5
FRENCH CREAM DOUGHNUT   550 CAL	6.25
Hot Beverages	
Includes whole & non-fat dairy milk.	
<ul> <li>with oat milk or almond milk (N)</li> <li>add vanilla syrup   +30 CAL</li> </ul>	+1
CLASSICS	

### COFFEE | 0 CAL 4.5 CAPPUCCINO | 60-130 CAL 5.5 / 6.5 LATTE | 60-140 CAL 5.5 / 6.5 CAFÉ AU LAIT | 40-110 CAL 5/6 ESPRESSO | 0 CAL 3.75 / 4.75 AMERICANO | 0 CAL 4/5

MACCHIATO   20-160 CAL	4/5
TEA   0 CAL Ask your server about our tea selection	4.5
•••••	· · · · · · ·
SPECIALTY	
BELGIAN MOCHA   170-300 CAL	6/7
BELGIAN HOT CHOCOLATE   180-320 CAL	5/6
MATCHA LATTE   60-140 CAL	6/7
HONEY LEMON GINGER   90-200 CAL	5/6
CHAI LATTE   80-380 CAL	6/7

Cold Beverages	
COLD BREW COFFEE   0 CAL	5.5
ICED LATTE   30-110 CAL	6
ICED MATCHA LATTE   60-140 CAL	6
ICED TEA   0 CAL	4.5
ICED GREEN TEA   0 CAL	4.5
ORANGE JUICE   120 CAL	5
APPLE JUICE   150 CAL	5
STILL OR SPARKLING WATER   0 CAL	3.5

Homemade Zemonac	les
LEMONADE   60 CAL	4.5
LEMONADE ICED TEA   40 CAL	4.5
MINT LEMONADE   60 CAL	5

\*Consuming raw or undercooked ingredients may increase your risk of foodborne illnesses.

2,000 calories a day is used for general nutrition, but calorie needs vary. Additional nutritional information upon request.

FOOD ALLERGENS: If you have a food allergy, please speak to the manager or your server. Menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS, MILK, SOY, FISH, SHELLFISH & SESAME. (V) Vegan (N) Contains Nuts