

DINE-IN

Conviviality

Quality

Breakfast & Brunch

EGG, CHEDDAR & AVOCADO BREAKFAST SANDWICH* with tomato-pepper jam, served with a green salad 610 cal	12.75
• with bacon 790 cal	+3
TOASTED HAM & GRUYÈRE CROISSANT served with a trio of mustard and a green salad 54	12.75 D cal
• with an egg* 80 cal	+3.25
SUNNY-SIDE BREAKFAST BOWL (N) sunny-side egg,* avocado, caramelized onion, roasted Brussels sprouts and sweet potato farro, massaged kale, citrus-cumin salt, pistachio dukkah, served with our artisanal bread 590 col	16
DUTCH MINI-PANCAKES with banana, maple butter, powdered sugar 560 ca/	12.75
WARM BELGIAN WAFFLE with fresh berries and whipped cream 500 ca/	11.75
Fresh Fruits & You YOGURT GRANOLA PARFAIT (N) organic Greek yogurt, granola, fresh fruit 470 cal	gurt 11.75

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FRESH FRUIT SALAD (V) selection of seasonal fruit 90 col	7.75
ORGANIC STEEL-CUT OATMEAL (V)	
• with fresh berries and milk of choice 180-280 cal	9.25
• with honey walnuts, banana, maple syrup, and milk of choice (N) 320-420 cal	9.25
CHIA SEED PUDDING (V) (N) coconut milk, maple syrup, chia seeds, seasonal compote 590 cal	8.75
Ease & Due latter	

Cggs & Unelettes

Served with our artisanal bread (200 col)	
ROASTED CAULIFLOWER & CHEDDAR FRITTATA oven-baked omelette, served with a small green salad 420 col	15
TWO SOFT-BOILED EGGS* 160-890 cal	10.75
SKILLET-BAKED EGGS*	
• with avocado, tomato & feta 390 cal	14.25
• with bacon & scallions 290 cal	14.25
THREE EGG SCRAMBLE served with a small green salad 270 col	12.75
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From Our Bakery

VIENNOISERIES

CROISSANT 260 cal	4.5
PAIN AU CHOCOLAT 310 cal	5
PAIN AUX RAISINS 320 cal	5
BUTTER BRIOCHE 350 cal	5
HAZELNUT FLÛTE (N) 340 cal	5
SPECIALTY	
ALMOND CROISSANT (N) 530 cal	5.25
CHOCOLATE ALMOND CROISSANT (N) 58	0 cal 5.5
APPLE TURNOVER 250 cal	5
CHIA SEED MUFFIN 450 cal	5
BLUEBERRY MUFFIN (V) 490 cal	5
QUINOA SPELT SCONE (N) 500 cal	5.25
Sides	
BREAD	5.5
sourdough wheat, sourdough rye, baguette,	
superseed, or five grain & raisin 110-650 col	
AVOCADO MASH 370 cal	6.75

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AVOCADO MASH 370 cal	6.75
HUMMUS 390 cal	6.75
BACON 150 cal	6.25
PROSCIUTTO 110 cal	6.75
HAM & GRUYÈRE 320 cal	8.75
0524-FL	

Simplicity

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Flatbreads

	Pinsa Romana flatbread, made with ancient grains & our	sourdough
EW	ROASTED YEGGIES & FETA (N) roasted red pepper, tomato & walnut spread, roasted sweet potato & cauliflower, arugula, pickled onions, feta, sweet harissa oil 870 cal	16
	• with grilled chicken 60 cal	+5
EW	TWO BAKED EGGS* herbed Greek yogurt spread, grape tomatoes, arugula, citrus-cumin salt, sweet harissa oil 690 cal	14.75
	Signature open-faced sandwiches, made on our sourdou	qh wheat
	Substitute with superseed bread 230 cal	+2
	AVOCADO TOAST (V) avocado mash, citrus-cumin salt, chia seeds, side of marinated kale 590 cal	14.5
	• with an egg* 80 cal	+3.25
	• with smoked salmon [*] 50 col	+5.25
	CHICKEN & MOZZARELLA MELT fresh mozzarella, chicken, tomato-pepper jam, basil oil 730 cal	16.5
	TURKEY, BACON & AVOCADO turkey, bacon, tomato, avocado, arugula, herb aioli 590 ca/	16.5
	SMOKED SALMON* organic butter, scallion, dill, served with a side of herb aioli 540 cal	18

OUR COMBOS

BAKER'S LUNCH 12	7.5
half of an avocado toast, a small quinoa & arugul salad, and a cup of soup of choice 590-680 cal	а
• select two 350-440 cal 13.	75

Sandwiches

Served with a small green salad (90 cal)	
TOMATO & MOZZARELLA with basil oil, tomato, arugula, balsamic vinegar on olive ciabatta 410 col	14
PROSCIUTTO & MANCHEGO with dried figs and mustard butter on a French roll	15.5 410 cal
HAM & GRUYÈRE with mustard and cornichons on a French roll 430 co	15.5

Soup

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Served with our artisanal bread (200 cal)	
GAZPACHO (V) topped with mango, cucumber, radish, basil 190-	7.25 / 9.25
CHICKEN SOUP with vegetables, quinoa, spicy harissa 170-280 cal	7.25 / 9.25
ORGANIC LENTIL SOUP (V) 230-460 cal	7.25 / 9.25

Salads & Quiches

GRILLED CHICKEN COBB chicken, avocado, bacon, Fourme d'Ambert, cucurr hard-boiled egg, mixed greens, smoked tea vinaigre served with our artisanal bread 610 cal	
WARM GRAIN BOWL (N) warm farro, massaged kale, roasted sweet potato an Brussels sprouts, goat cheese, pickled cranberries, honey walnuts, served with our artisanal bread 680 cd • with grilled chicken 60 cd	
BLACK LENTIL BOWL (V) (N) balsamic beets, hummus, lentils, grape tomatoes, mixed greens, pistachio dukkah, vinaigrette, spicy tahini, served with our artisanal bread 480 col	16.5
• with smoked salmon* 50 cal	+5.25
MEDITERRANEAN CAESAR grilled chicken, Niçoise olives, bell pepper, feta,	18.75
croutons, romaine, kale, caesar dressing, zhug, served with our artisanal bread 570 cal	
	16.5
served with our artisanal bread 570 col QUINOA & AVOCADO (V) organic quinoa, fresh herbs, chickpeas, cucumber & tomato salad, radish, house basil vinaigrette,	16

Desserts

CHOCOLATE CHIP COOKIE 710 cal	5.25
DOUBLE CHOCOLATE CHIP COOKIE 450 cal	4.25
BELGIAN CHOCOLATE BROWNIE 580 cal	5.5
MINI BROWNIE 170 cal	3.25
MINI APRICOT CAKE (N) 140 cal	3.25
MINI CARROT CAKE (V) 150 cal	3.25
MINI BANANA CHOCOLATE CAKE (N) 160 col	3.25
COCONUT MACAROON (N) 230 cal	3.25
CHOCOLATE MOUSSE CAKE (N) 470 cal	8
LEMON TART 460 cal	7.5
MIXED BERRY TART (N) 430 cal	8.75
PASSIONFRUIT TART 520 cal	7.5
APRICOT PISTACHIO TART (N) 380 cal	7.5
PEAR ALMOND TART (N) 430 cal	7.5
PEAR ALMOND TART (N) 430 cal CANELÉ 180 cal	7.5 3.75

Authenticity

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Hot Beverages

Includes whole & non-fat dairy milk.	
 with oat milk or almond milk (N) 	+1
• add vanilla syrup 30 cal • 0mg s	+1
CLASSICS	
COFFEE 0 cal	4.5
CAPPUCCINO 60-130 cal	5.5 / 6.5
LATTE 60-140 cal	5.5 / 6.5
CAFÉ AU LAIT 40-110 cal	5 / 6
ESPRESSO 0 cal	3.75 / 4.75
AMERICANO 0 cal	4.25 / 5
MACCHIATO 20-160 cal	4.25 / 5
TEA 0 cal	4.5
Ask your server about our tea selection	
••••••	•••••
SPECIALTY	
BELGIAN MOCHA 170-300 cal	6 / 7
BELGIAN HOT CHOCOLATE 180-320 cal	5.25 / 6
MATCHA LATTE 60-140 cal	6 / 7
HONEY LEMON GINGER 90-200 cal	5.25 / 6
CHAI LATTE 80-380 cal	6.25 / 7

Cold Beverages

COLD BREW COFFEE 0 cal	5.5
ICED LATTE 30-110 cal	6
ICED MATCHA LATTE 60-140 cal	6.25
ICED TEA 0 cal	4.5
ICED GREEN TEA 0 cal	4.5
ORANGE JUICE 120 cal	5
APPLE JUICE 150 cal	5
STILL OR SPARKLING WATER 0 cal	3.5
Homemade Lemon	nades

LEMONADE 60 cal	4.5
LEMONADE ICED TEA 40 cal	4.75
MINT LEMONADE 60 col	5.25

*Consuming raw or undercooked ingredients may increase your risk of foodborne illnesses.

2,000 calories a day is used for general nutrition, but calorie needs vary. Additional nutritional information upon request. FOOD ALLERGENS: If you have a food allergy, please speak to the manager or your server. Menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS, MILK, SOY, FISH, SHELLFISH & SESAME. (V) Vegan (N) Contains Nuts